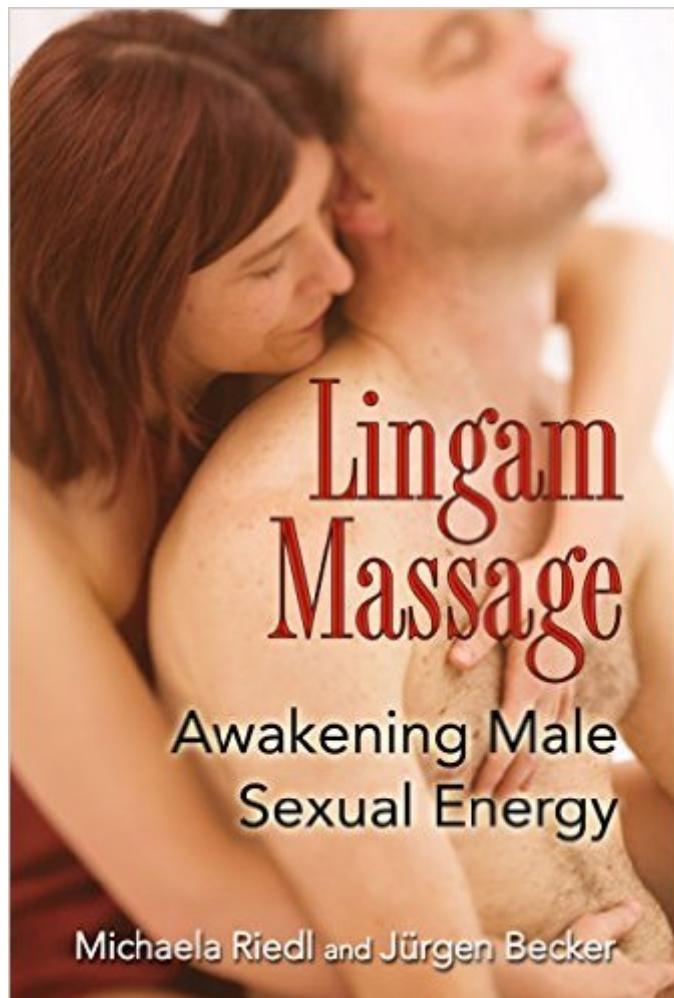


The book was found

Lingam Massage: Awakening Male Sexual Energy



Synopsis

A tantric massage practice for awakening and honoring male creative energy and allowing a man conscious, loving contact with his own masculinity • Empowers men to expand and deepen their experience of arousal and sensuality • Demonstrates how deep relaxation is important to a strong and lasting erection • Shows how the lingam connects a man to his dynamic strength while the prostate is linked to his more receptive side Lingam is the Sanskrit word for the male generative organ, the penis. In India, the lingam is revered as an expression of Shivaâ™s clarity, symbolizing the fine sword that differentiates between truth and falsehood. The goal of a lingam massage is to provide a man conscious, loving contact with his own masculinity. Western cultural expectations around sexual performance• have created sexual difficulties for many men, including erectile dysfunction and premature ejaculation. Through loving touch, lingam massage provides the deep relaxation that supports sustained erection, putting a man in touch with less familiar aspects of his sexuality, including the energetic responses of his perineum, prostate gland, and anus. Lingam massage is not simply a hands-on technique but involves the conscious direction of energy throughout the body. It allows men to savor longer, deeper orgasms and teaches taoist and tantric practices for conserving sexual energy. Over time, as his consciousness deepens, these practices give a man complete control over his ejaculation.

Book Information

Paperback: 224 pages

Publisher: Destiny Books (March 9, 2010)

Language: English

ISBN-10: 1594773149

ISBN-13: 978-1594773143

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 starsÂ See all reviewsÂ (8 customer reviews)

Best Sellers Rank: #263,216 in Books (See Top 100 in Books) #23 in Books > Crafts, Hobbies & Home > Antiques & Collectibles > Dolls, Toys & Figurines > Dolls #186 in Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure #237 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage

Customer Reviews

I bought this on a whim after first discarding the flyer and then deciding to be open minded about the

subject. I ordered from , received the book in a very short time and started reading immediately. Once I had read the very enlightening material, I was ready to try it out on my husband, who had been away while I was learning. Having been a physical therapist, the techniques were easy for me to learn, although I had never, ever done a massage on that area! My husband was game to be the subject, and I explained that he was to concentrate on enjoying the sensations without a goal in mind. He loved it. For the first time in his life, he was able to control ejaculation, resulting in increased and prolonged pleasure. We are no longer young, but we both agreed that this was absolutely the best sex either one of us had ever experienced! I heartily recommend this book.

this book has a wealth of information, it's a nice tool to use in developing other areas you never thought existed (awakening male sexual energy). what would have been more helpful though, is if it included additional step by step massage strokes of the penis in picture illustration.

Good book with things which couples need to know if they want to enjoy each other.

Unique.

[Download to continue reading...](#)

Lingam Massage: Awakening Male Sexual Energy Tantric Massage: Master the Art Of Tantric Massage - Discover Mindblowing Tantric Massage Techniques, Perfect your Tantric Massage Skills, Tantric Sex And Experience An Incredible Tantric Sex Life Acupressure: The Ultimate Beginners Guide To Acupressure For Health & Healing (Self Massage, Tennis Ball Massage, Pressure Points, Trigger Point Massage) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) The Magic Touch: How to make \$100,000 per year as a Massage Therapist; simple and effective business, marketing, and ethics education for a successful career in Massage Therapy Encyclopedia of Thai Massage: A Complete Guide to Traditional Thai Massage Therapy and Acupressure Tantric Massage: Mastery, 28 Ways To Give The Perfect Tantric Massage Tantric Massage: Beginner's Guide, Tips and Techniques to Master the Art of Tantric Massage! Massage: The Foam Roller Bible: Foam Rolling - Self Massage, Trigger Point Therapy & Stretching (Trigger Point, Tennis Ball, Myofascial, Deep Tissue, Pressure Points, Hip Flexors, Calisthenics) Natural Remedies for Low Testosterone: How to Enhance Male Sexual Health and Energy Mudras for Awakening Chakras: 19 Simple Hand Gestures for Awakening and Balancing Your Chakras: [A Beginner's Guide to Opening and Balancing Your Chakras] (Mudra

Healing Book 3) Third Eye: Awakening Your Third Eye Chakra: Beginner's Guide (Third Eye, Third Eye Chakra, Third Eye Awakening, Chakras) How to Cure Baldness and Prevent Male Hair Loss (Mens Hair Loss, Propecia, Minoxidil, Receding Hair Line, Hair Regrowth, male pattern baldness, mens hair) Audition Songs for Male and Female Singers: Gilbert and Sullivan (Book & CD) (Audition songs for male & female singers) BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Dating:Becoming Alpha To The Core 3rd Edition - Dominate the Dating Scene Through Developing the Six Key Alpha Male Traits Fast (Alpha Male, How to Attract ... Self Discipline, how to be a Success) The Thai Massage Manual: Natural Therapy for Flexibility, Relaxation and Energy Balance Unmasking Male Depression: Recognizing the Root Cause to Many Problem Behaviors Such as Anger, Resentment, Abusiveness, Silence, Addictions, and Sexual Compulsiveness How to Cure Erectile Dysfunction: Overcoming Erection Problems through Diet, Exercises, and Natural Remedies (Men's Health, Impotence, Sexual Health, Natural Cures, Sexual Problems, ED) Sexual Futures, Queer Gestures, and Other Latina Longings (Sexual Cultures)

[Dmca](#)